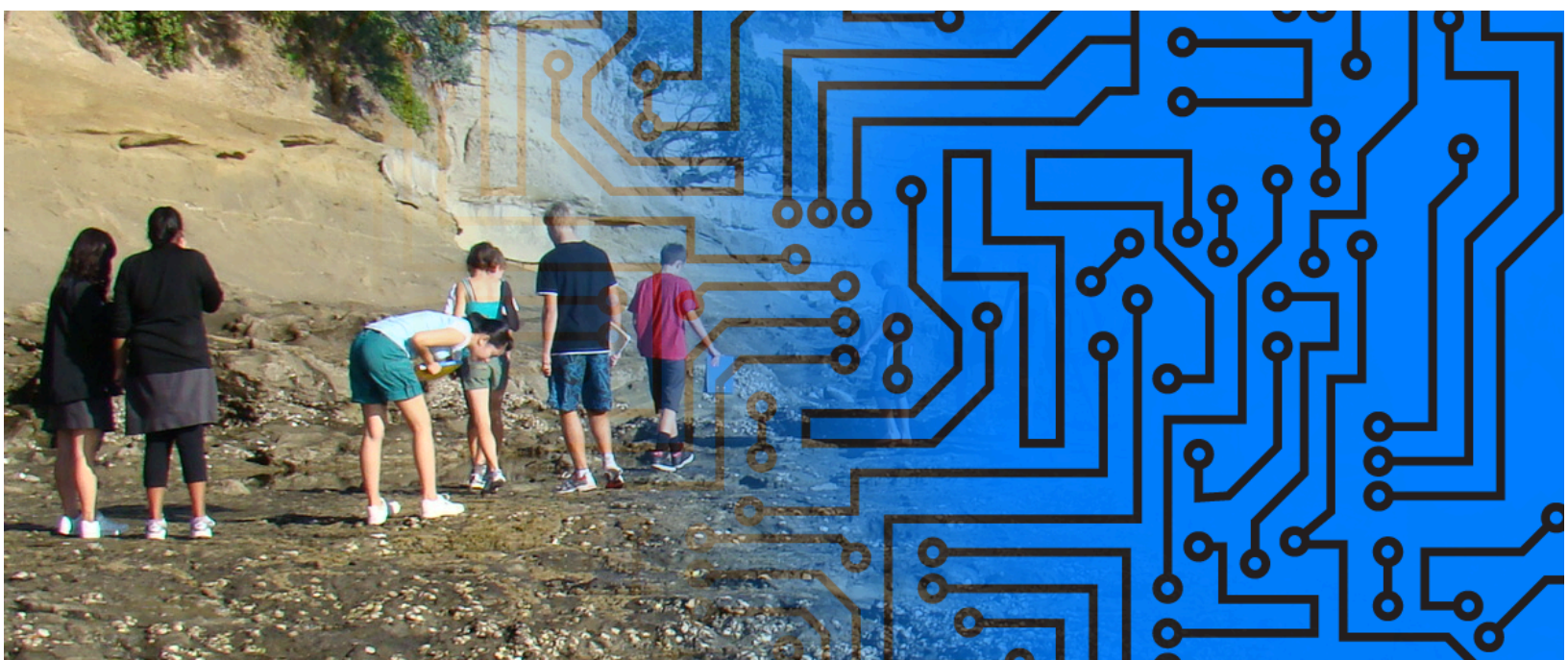


Alabama Digital Learning

Virtual Field Trips, December 2025



The Alabama State Department of Education (SDE) invites you to participate in our popular monthly Virtual Field Trips. Alabama has been a trailblazer using technology for the purpose of advancing education. Alabama Connecting Classrooms, Educators, and Students Statewide (ACCESS), Alabama Learning Exchange (ALEX), Alabama Technology in Motion (ATiM), and e-Learning for Educators are all strong tools used for the advancement of digital learning, in addition to the expansive ways technology is used in the classroom.

We will continue to use ZOOM as our delivery format. To use ZOOM: Create a free account and download the ZOOM app to your computer; or go to zoom.us and click on “Join a Meeting”. Check with your technology coordinator to see what options you might have to display the conference on a TV or big screen. You may need a stand-alone mic if your computer does not have one. If you’d like to do any testing or have questions you may contact Alabama Super Computer Help Desk at 1-800-338-8320.

Below is a listing of events we have to date. This document may be found at <http://bit.ly/ALVFTDec25> or all of the schedules from February 2021 forward may be found at <https://bit.ly/ALVFThome>. You may sign up for the current month’s Virtual Field Trips at <http://bit.ly/ALVFTsignupDec25>

Date	Time	Session Name
12/02/2025	9:00-10:00 AM	Movement and Motion
12/02/2025	10:15-11:15 AM	The Story of Pro Football
12/03/2025	9:00-10:00 AM	Women in Football
12/03/2025	10:15-11:15 AM	Careers in the NFL
12/04/2025	9:00-10:00 AM	What's on your Holiday Dinner Menu?
12/04/2025	10:15-11:15 AM	What's on your Holiday Dinner Menu?
12/09/2025	9:00-10:00 AM	A Journey Into the Life of Helen Keller
12/09/2025	10:15-11:15 AM	Great American Women
12/10/2025	9:00-10:00 AM	Amazing African Americans from Alabama
12/10/2025	10:15-11:15 AM	Amazing African Americans from Alabama 2nd Edition
12/11/2025	9:00-10:00 AM	Let's Explore Your Eyes and How They Work
12/11/2025	10:15-11:15 AM	A Journey Into the Life of Helen Keller

Please leave your classroom cameras on if possible. Presenters very much appreciate seeing the students they are presenting to.

A Journey Into the Life of Helen Keller

Keller Johnson-Thompson, Vice President of the Helen Keller Foundation

December 09, 9:00-10:00 AM

December 11, 10:15-11:15 AM

Grades K-5

Keller Johnson Thompson, great grand niece of Helen Keller and Vice President of the Helen Keller Foundation for Research and Education, takes students on a marvelous journey into the amazing life of Helen Keller, America's First Lady of Courage. From her early days in Tuscumbia, Alabama to her travels around the world, Helen Keller not only lived a wonderful and full life despite being deaf and blind, but she also inspired others to make a positive difference in the world around them. Through this journey, it is hoped that students not only learn many new things about Helen Keller, but more importantly, it is hoped that students will see and understand the need to have good values and character, as Helen Keller did.

Amazing African Americans from Alabama

Keller Johnson-Thompson, Vice President of the Helen Keller Foundation

December 10, 9:00-10:00 AM

Grades 2-5

There have been many African Americans from Alabama that have defined history as well as those people that have been successful in their respective fields. On this field trip, we will look at the lives of those African Americans from Alabama that have inspired us to become better people.

Amazing African Americans from Alabama, 2nd Edition

Keller Johnson-Thompson, Vice President of the Helen Keller Foundation

December 10, 10:15-11:15 AM

Grades 2-5

Alabama has many wonderful African Americans from our state that have influenced history. In this 2nd Edition of African Americans from Alabama that you should know, we will take an in depth look at more of these exciting and passionate people that helped shape the history of our state in sports, the Civil Rights Movement, Politics and much more. Come along and explore African Americans that you should know!!!

Careers in the NFL

Jerry Csaki, Senior Director of Youth and Education, Pro Football Hall of Fame

December 3, 10:15-11:15 AM

Grades 5-12

This program examines the importance of education and the hundreds of careers available in and around the National Football League. A 10-minute career video, which examines a wide variety of careers with the San Francisco 49ers organization, is shown during this session. The 50-minute program, which is designed to be highly interactive, is supplemented by a lesson aligned with Common Core/National Standards of Education and is recommended for Grades 5-12.

Classroom Activity: <https://alvft.link/nflcareers>

Great American Women

Keller Johnson-Thompson, Vice President of the Helen Keller Foundation

December 09, 10:15-11:15 AM

Grades 1-8

Join us in this journey as we explore the life and accomplishments of several American women and how they changed the world we live in today.

Let's Explore Your Eyes and How they Work

Keller Johnson-Thompson, Vice President of the Helen Keller Foundation

December 11, 9:00-10:00 AM

Grades 1-5

Of all our senses, vision is perhaps the most important. This virtual field trip takes you into the world of vision as we explore our eyes and how they work, first aid for eye injuries, and vision problems that may occur. We will also explore the eyes of different animals, such as seeing who has the best sight and the worst sight and why.

Movement and Motion

Jerry Csaki, Senior Director of Youth and Education, Pro Football Hall of Fame

December 2, 9:00-10:00 AM

Grades 5-12

This program examines the relationship of science and the game of professional football. Straight line movement, zig-zags, circular motion, back & forth, pushing & pulling - all movements that influence the sport. This 50-minute program, which is designed to be highly interactive, is supplemented by a lesson aligned with Common Core/National Standards of Education and is recommended for Grades 1-5.

Supplemental Materials:

- [Classroom Activity](#)
 - [Supplemental Video](#)
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The Story of Pro Football

Jerry Csaki, Senior Director of Youth and Education, Pro Football Hall of Fame

December 2, 10:15-11:15 AM

Grades 5-12

This program examines the relationship of science and the game of professional football. Straight line movement, zig-zags, circular motion, back & forth, pushing & pulling - all movements that influence the sport. This 50-minute program, which is designed to be highly interactive, is supplemented by a lesson aligned with Common Core/National Standards of Education and is recommended for Grades 1-5.

Supplemental Materials:

- [Classroom Activity](#)
 - [Supplemental Video](#)
-

Women in Football

Jerry Csaki, Senior Director of Education and Leadership, Pro Football Hall of Fame

December 3, 9:00-10:00 AM

Grades 5-12

This program examines the influence women have had on the NFL – America’s favorite game. From CEO’s to coaches to players, your students will learn about a multitude of women who have had a significant impact on and off the football field. This 50-minute program, which is designed to be highly interactive, is supplemented by a lesson aligned with Common Core/National Standards of Education and is recommended for grades 5-12.



What’s on your Holiday Dinner Menu?

Angie Dixon, Discovery Hall Programs Educator

December 4, 9:00-10:00 AM

December 4, 10:15-11:15 AM

The 9 am presentation will be geared towards younger students (K-5) while the 10:15 am presentation will be more suitable for students in middle and high school.

Everyone loves a big holiday meal! This year get your holiday dinner from sustainable seafood sources! Trade turkey for turkey fish, have a little crab and shrimp gumbo, and consider a sweet potato sea cucumber (some cultures do eat them!). In this virtual field trip to the ocean, we will dive into all things seaFOOD and put together a menu of sustainable Gulf seafood options.

Suitable audience: The program What’s on your Holiday Dinner Menu? is appropriate for all grades. It addresses the following life science disciplinary core ideas: LS1) From molecules to organisms: structures and processes; LS2) Ecosystems: Interactions, energy and dynamics, and LS4) Biological evolution: Unity and diversity.

Alabama Digital Learning Virtual Field Trips, December 2025

Sign up to attend at <https://bit.ly/ALVFTsignupDec25>

Visit our site at <https://bit.ly/ALVFThome>

This document is always available at <http://bit.ly/ALVFTDec25>

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