Name:

Date:

School:

Facilitator:

5.05 Approaches and Treatment

Directions: Describe the three approaches or theories discussed in this lesson and explain their views and treatments for mental disorders.

* For each approach: In at least three complete sentences explain their views and treatments for mental disorders.
* Be sure to include the following terms in the appropriate descriptions: Drug therapy, electroconvulsive therapy, psychosurgery, Rational Emotive therapy, Cognitive Restructuring therapy, group therapy, family counseling, focuses focuses on how social issues and the individual fit into society.
* In at least three complete sentences write a concluding statement giving your opinion on which approach’s therapy for depression might work the best; the biological/medical model, sociocultural model or the cognitive approach.

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| --- |
| **Biological/Medical** |

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| --- |
| **Cognitive** |

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| --- |
| **Sociocultural** |
| **Concluding statement** |