

# BlueCross BlueShield of Illinois Height & Weight Charts

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## Height and Weight Requirements

Below is a height and weight chart that lists BlueCross BlueShield of Illinois' acceptable adult height and weight ranges.

- Individuals who have a normal body mass index (BMI) receive the standard premium rate.
- Individuals whose height and weight falls in the second column are still eligible for coverage, but will likely receive a 25% premium increase above the standard rate until their BMI falls within the normal range.
- Individuals who weigh more than the maximum allowed for their height will automatically be declined for coverage until additional Health Care Reforms go into effect on January 1, 2014.

## Adult Height & Weight Chart - Ages 19 and older

### Chart for Men

Height (Male)	Acceptable Weight (lbs) (Male)	Weight - 25% rate-up (Male)
4' 8"	78-130 lbs	131-166 lbs
4' 9"	80-135 lbs	136-172 lbs
4' 10"	83-140 lbs	141-178 lbs
4' 11"	86-145 lbs	146-184 lbs
5' 0"	89-150 lbs	151-191 lbs
5' 1"	92-155 lbs	156-197 lbs
5' 2"	95-160 lbs	161-204 lbs
5' 3"	98-165 lbs	166-210 lbs
5' 4"	101-170 lbs	171-217 lbs
5' 5"	105-176 lbs	177-224 lbs
5' 6"	108-181 lbs	182-231 lbs
5' 7"	111-187 lbs	188-238 lbs

Source: Illinois Health Agents and BlueCross BlueShield of Illinois  
<http://ilinsuranceplans.com/bluecross-blueshield-illinois/height-weight.html>

<b>Height (Male)</b>	<b>Acceptable Weight (lbs) (Male)</b>	<b>Weight - 25% rate-up (Male)</b>
5' 8"	115-193 lbs	194-245 lbs
5' 9"	118-198 lbs	199-252 lbs
5' 10"	121-204 lbs	205-260 lbs
5' 11"	125-210 lbs	211-267 lbs
6' 0"	129-216 lbs	217-275 lbs
6' 1"	132-222 lbs	223-283 lbs
6' 2"	136-228 lbs	229-291 lbs
6' 3"	140-235 lbs	236-299 lbs
6' 4"	143-241 lbs	242-307 lbs
6' 5"	147-247 lbs	248-315 lbs
6' 6"	151-254 lbs	255-323 lbs
6' 7"	155-260 lbs	261-331 lbs
6' 8"	159-267 lbs	268-340 lbs

### Chart for Women

<b>Height (Female)</b>	<b>Acceptable Weight (lbs) (Female)</b>	<b>Weight - 25% rate-up (Female)</b>
4' 8"	76-128 lbs	129-157 lbs
4' 9"	79-133 lbs	134-163 lbs
4' 10"	81-137 lbs	138-169 lbs
4' 11"	84-142 lbs	143-175 lbs
5' 0"	87-147 lbs	148-181 lbs
5' 1"	90-152 lbs	153-187 lbs
5' 2"	93-157 lbs	158-193 lbs
5' 3"	96-162 lbs	163-199 lbs
5' 4"	99-167 lbs	168-206 lbs
5' 5"	102-173 lbs	174-212 lbs
5' 6"	105-178 lbs	179-219 lbs
5' 7"	109-184 lbs	185-226 lbs

Source: Illinois Health Agents and BlueCross BlueShield of Illinois  
<http://ilinsuranceplans.com/bluecross-blueshield-illinois/height-weight.html>

<b>Height (Female)</b>	<b>Acceptable Weight (lbs) (Female)</b>	<b>Weight - 25% rate-up (Female)</b>
5' 8"	112-189 lbs	190-232 lbs
5' 9"	115-195 lbs	196-239 lbs
5' 10"	118-200 lbs	201-246 lbs
5' 11"	122-206 lbs	207-254 lbs
6' 0"	125-212 lbs	213-261 lbs
6' 1"	129-218 lbs	219-268 lbs
6' 2"	132-224 lbs	225-275 lbs
6' 3"	136-230 lbs	231-283 lbs
6' 4"	140-236 lbs	237-291 lbs
6' 5"	143-243 lbs	244-298 lbs
6' 6"	147-249 lbs	250-306 lbs
6' 7"	151-256 lbs	257-314 lbs
6' 8"	155-262 lbs	263-322 lbs