Name:
School:
Facilitator:

# 2.07 Mineral Chart

Complete the chart below using the resources in the lesson.

| **Mineral** | **Functions** | **Source** | **Deficiency** |
| --- | --- | --- | --- |
| **Copper** |  |   |  |
| **Iron** |  |  |  |
| **Calcium** |  |  |  |
| **Phosphorus** |  |  |  |
| **Magnesium** |  |  |  |
| **Sodium** |  |  |  |
| **Potassium** |  |  |  |
| **Fluoride** |  |  |  |
| **Zinc** |  |  |  |
| **Iodine** |  |  |  |