Name:        
School:        
Facilitator:

# 2.01 KWL Chart

Complete the first two columns of the KWL Nutrient Chart. For the **K** column, you should have a minimum of three specific statements or facts, expressed in complete sentences. For the **W** column, give at least two specific questions you have about each topic. Leave the **L** column blank for now; you will fill this in later in the unit.

| **Nutrient** | **K**  **What do you *know* about the following nutrient?** | **W**  **What do you think you will learn or what do you *want* to learn?** | **L**  **What did you *learn* that you found interesting about this nutrient?** |
| --- | --- | --- | --- |
| **Proteins** |  |  |  |
| **Carbohydrates** |  |  |  |
| **Fats** |  |  |  |
| **Vitamins** |  |  |  |
| **Minerals** |  |  |  |